

# Anchor Watch

*On the lookout for the best resources and tips for The Helm ABA family and friends!*



## movement

*If your house is anything like our, we go crazy for gingerbread men! This month's movement activity is from Toddler Approved! This fun Number Hop Game gets the whole family moving as they pretend to be life size game pieces! [Check it out here!](#)*

## support

The holiday season is full of changes and events, which can be HARD for some of our kiddos who thrive on routine and predictability. Luckily, SimplySpecialEd.com has us covered with visuals to support all the changes that the holiday season brings! Click the link to [gather up some awesome resources!](#)



## Craft

Making holiday themed crafts can be a great activity to bring the whole family together! Check out this sweet snowflake craft by [Early Learning Ideas!](#)



## Science experiment

Snow may not be in the forecast for Texas this year, but with this simple and fun science experiment you can bring the magic of snow to your house! [Click here for the link!](#)

Pro Tip! Enter these titles into YouTube to hear them read aloud!

## Books we love

- Pete the Cat Saves Christmas*- James Dean
- Queen of the Hanukkah Dosas* by Pamela Ehrenberg
- N is for Navidad* by Susan Middleton Elya
- A World of Cookies for Santa* by M.E. Furman
- Daddy Christmas and Hanukkah Mama* by Selina Alko
- Li'l Rabbit's Kwanzaa* by Donna L. Washington



## #BestABATEamInTexas

This past month our team celebrated Helmsgiving! Each location gave back time and service to a local charity!

- Dallas supported: Hope Supply Co.
- Lewisville supported: AWAARE
- Allen supported: Family Promise of Collin County