Anchor Watch

On the lookout for the best resources and tips for The Helm ABA family and friends!



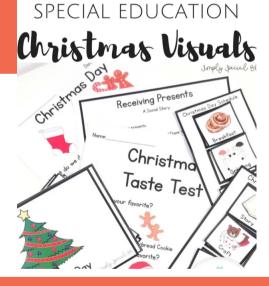
movement

If your house is anything like our, we go crazy for gingerbread men! This month's movement activity is from Toddler Approved! This fun Number Hop Game gets the whole family moving as they pretend to be life size game pieces! Check it out here!

Support

The holiday season is full of changes and events, which can be HARD for some of our kiddos who thrive on routine and predictability. Luckily, SimplySpecialEd.com has us covered with visuals to support all the changes that the holiday season brings! Click the link to gather up some awesome

resources!





Making holiday themed crafts can be a great activity to bring the whole family together! Check out this sweet snowflake craft by <u>Early Learning Ideas!</u>

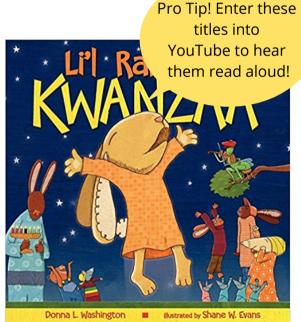


Science experiment

Snow may not be in the forecast for Texas this year, but with this simple and fun science experiment you can bring the magic of snow to your house! Click here for the link!

Books we love

Pete the Cat Saves Christmas- James Dean
Queen of the Hanukkah Dosas by Pamela Ehrenberg
N is for Navidad by Susan Middleton Elya
A World of Cookies for Santa by M.E. Furman
Daddy Christmas and Hanukkah Mama by Selina
Alko Li'l Rabbit's Kwanzaa by Donna L. Washington



#17

#Best ABATEMMINTEXMS

This past month our team celebrated Helmsgiving! Each location gave back time and service to a local charity!

Dallas supported: <u>Hope Supply Co.</u>
Lewisville supported: <u>AWAARE</u>
Allen supported: <u>Family Promise of Collin County</u>